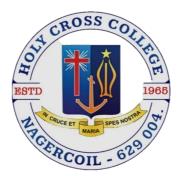
Holy Cross College (Autonomous), Nagercoil Kanyakumari District, Tamil Nadu. Accredited with A⁺ by NAAC - IV cycle – CGPA 3.35

Affiliated to Manonmaniam Sundaranar University, Tirunelveli



Department of English SF

PG Teaching Plan (odd sem)

2024-2025



Vision

Sculpting integrated individuals for a better future

Mission

To develop globally competent professionals and to ensure self-actualization harnessed with socioethical responsibility.

PEOs	Upon completion of B.A/B.Sc. Degree Programme, the graduates will be able to	Mapping with Mission
PEO 1	apply appropriate theory and scientific knowledge to participate in activities that support humanity and economic development nationally and globally, developing as leaders in their fields of expertise.	M1& M2
PEO 2	use practical knowledge for developing professional empowerment and entrepreneurship and societal services.	M2, M3, M4 & M5
PEO 3	pursue lifelong learning and continuous improvement of the knowledge and skills with the highest professional and ethical standards.	M3, M4, M5 & M6

Programme Educational Objectives (PEOs)

РО	Upon completion of B.A. Degree Programme, the graduates will be able to:	Mapping with PEOs
PO1	obtain efficiently the knowledge and skills to face life challenges.	PEO1
PO2	implement the contributions of great thinkers/ writer/ activist and transform the society in accordance with local, national and global needs.	PEO1
PO3	enhance leadership qualities, team spirit and communication skills for a better developmental career.	PEO2
PO4	apply the comprehensive learning to attain self-confidence and self-reliance in their chosen career and higher education.	PEO2
PO5	communicate effectively and collaborate successfully with peers to become competent professionals.	PEO2 & PEO3
PO6	prioritize cultural, ethical and moral values through learning experiences for a sustainable development.	PEO2 & PEO3
PO7	participate in learning activities throughout life, through self-paced and self-directed learning to improve knowledge and skills.	PEO1 & PEO3

Programme Outcomes (POs)

PSO	Upon completion of M.A. English Programme, the graduates will be able to:	Mapping with Pos
PSO1	acquire good knowledge and understand the specific discipline of study.	PO5
PSO2	understand, formulate, develop arguments logically to address issues arising in social sciences, business and other context / fields.	PO2
PSO3	create effective entrepreneurs by enhancing their critical thinking, problem solving, decision making and leadership skill that facilitate startups and high potential organisations.	PO6
PSO4	develop a research framework and presenting their independent ideas effectively.	PO2, PO1
PSO5	equip their employability skills to excel in professions like teaching and exposing them to various activities to empower them through communication skills.	PO6
PSO6	enable a holistic perspective towards the socio-political inequalities and environmental issues.	PO3, PO7

Programme Specific Outcomes (PSOs)

Teaching Plan

Department	:	English
Class	:	I M.A.
Title of the Course	:	Core Course I: English Poetry
Semester	:	Ι
Course Code	:	EP231CC1

Course Code	L	Т	Р	s	Credits	Inst. Hours	Total	Fotal Marks		
	-	-	-	D	cicults	inst invuis	Hours	CIA	External	Total
EP231CC1	5	1	-	1	5	7	105	25	75	100

Learning Objectives:

- To familiarize students with English Poetry starting from Medieval England to 21st Century.
- 2. To focus on the evolution of Poetic forms such as Sonnet, Ballad, Lyric, Satire, Epic etc.

Course Outcomes

On the successful completion of the course, student will be able to:				
1.	gain ideas about the old English writing style.	K1 & K2		
2.	acquire knowledge about various forms of poetry during	K2 & K4		
	different centuries.			
3.	evaluate various poets as representatives of their periods	K3 & K5		
4.	trace the evolution of various literary movements	K4 & K5		
5.	justify British Poetry as an aesthetic record of the societies	K5 & K6		
	concerned			

Teaching Plan

Total Contact hours: 105 (Including lectures, assignments and tests)

Unit	Module	Topic	Teach ing Hours	Cognitive level	Pedagogy	Assessment/ Evaluation
	1	Middle English Poetry	2	KI (R)	Introductory session, Lecture using AV aid, Discussion	Internal Test 1, Quiz 1, Evaluation through Q & A Oral
	2	Geoffery Chaucer	2	KI (R)	Introductory session, Brainstormin g, Lecture using AV aid	Internal Test 1, Quiz 1, Evaluation through Q & A Oral
	3	The General Prologue	2	K2(U)	Introductory session, Lecture using PPT, Discussion	Internal Test 1, Quiz 1, Evaluation through Q & A Oral
Ι	4	Pardoner	4	K2 (U) K4(An)	Lecture using PPT, Discussion	Internal Test 1, Quiz 1, Evaluation through Q & A Oral
	5	The Nun	4	K2 (U) K4 (An)	Lecture using PPT, Discussion	Internal Test 1, Quiz 1, Evaluation through Q & A Oral
	6	Doctor	4	K2 (U) K4 (An)	Lecture using PPT, Discussion	Internal Test 1, Quiz 1, Evaluation through Q & A Oral
	7	Friar	3	K2 (U) K4 (An)	Lecture using PPT, Discussion	Internal Test 1, Quiz 1, Evaluation through Q & A Oral
II	1	Elizabethan Poetry	2	KI (R) K2(U)	Introductory session, Brainstormin g, Lecture using AV aid	Internal Test 1, Quiz 1, Evaluation through Q & A Oral
	2	Edmund Spenser	2	KI (R) K2(U)	Introductory session, Brainstormin	Internal Test 1, Quiz 1, Evaluation

					g, Lecture	through Q & A
					using AV aid	Oral
	3	Epithalamion	9	K2 (U) K4 (An)	Lecture using PPT, Discussion	Internal Test 1, Quiz 1, Evaluation through Q & A Oral
	4	John Donne	2	KI (R) K2(U)	Introductory session, Brainstormin g, Lecture using PPT	Internal Test 1, Quiz 1, Evaluation through Q & A Oral
	5	A Valediction: Forbidding Mourning	3	K2 (U) K4 (An)	Lecture using PPT, Discussion	Internal Test 1, Quiz 1, Evaluation through Q & A Oral
	6	The Canonization	3	K2 (U) K4 (An)	Lecture using PPT, Discussion	Internal Test 1, Quiz 1, Evaluation through Q & A Oral
	1	Seventeenth Century Poetry	2	KI (R) K2(U)	Introductory session, Brainstormin g, Lecture using PPT	Internal Test 1, Quiz 1, Evaluation through Q & A Oral
	2	John Milton	2	KI (R) K2(U)	Introductory session, Brainstormin g, Lecture using PPT	Internal Test 1, Quiz 1, Evaluation through Q & A Oral
ш	3	Paradise Lost - Book IX	11	K4(An) K5 (E) K6 (C)	Lecture using PPT, Discussion	Internal Test 1, Quiz 1, Evaluation through Q & A Oral
	4	Andrew Marvell	2	KI (R) K2(U)	Introductory session, Brainstormin g, Lecture using PPT	Internal Test 2, Quiz 2, Evaluation through Q & A Oral
	5	To His Coy Mistress	2	K4(An) K5 (E) K6 (C)	Lecture using PPT, Discussion	Internal Test 2, Quiz 2, Evaluation through Q & A Oral
IV	1	Eighteenth Century Poetry	2	KI (R) K2(U)	Introductory session, Brainstormin	Internal Test 2, Quiz 2, Evaluation through Q & A Oral

					g, Lecture	
	2	Laha Davalar	2		using AV aid	Luterry al Treat 2
	2	John Dryden	2	KI (R) K2(U)	Introductory session, Brainstormin g, Lecture using AV aid	Internal Test 2, Quiz 2, Evaluation through Q & A Oral
	3	Absalom and Achitophel (Lines 150 – 476)	3	K4(An) K5 (E)	Lecture using PPT, Discussion	Internal Test 2, Quiz 2, Evaluation through Q & A Oral
	4	Thomas Gray	2	KI (R) K2(U)	Introductory session, Brainstormin g, Lecture using PPT	Internal Test 2, Quiz 2, Evaluation through Q & A Oral
	5	Elegy Written in a Country Churchyard	5	K4(An) K5 (E)	Lecture using PPT, Discussion	Internal Test 2, Quiz 2, Evaluation through Q & A Oral
	6	William Wordsworth	2	KI (R) K2(U)	Introductory session, Brainstormin g, Lecture using PPT	Internal Test 2, Quiz 2, Evaluation through Q & A Oral
	7	Tintern Abbey	3	K4(An) K5 (E)	Lecture using PPT, Discussion	Internal Test 2, Quiz 2, Evaluation through Q & A Oral
	8	Robert Burns	2	KI (R) K2(U)	Introductory session, Brainstormin g, Lecture using PPT	Internal Test 2, Quiz 2, Evaluation through Q & A Oral
	9	Holy Willie's Prayer	1	K4(An) K5 (E)	Lecture using PPT, Discussion	Internal Test 2, Quiz 2, Evaluation through Q & A Oral
	10	Auld Lang Syne	1	K4(An) K5 (E)	Lecture using PPT, Discussion	Internal Test 2, Quiz 2, Evaluation through Q & A Oral
v	1	Modern Poetry	1	KI (R) K2(U)	Introductory session, Brainstormin	Internal Test 2, Quiz 2, Evaluation through Q & A Oral

				g, Lecture using PPT	
2	Rupert Brooke	1	KI (R) K2(U)	Introductory session, Brainstormin g, Lecture using PPT	Internal Test 2, Quiz 2, Evaluation through Q & A Oral
3	The Soldier	1	K4(An) K5 (E)	Lecture using PPT, Discussion	Internal Test 2, Quiz 2, Evaluation through Q & A Oral
4	W.B.Yeats	1	KI (R) K2(U)	Introductory session, Brainstormin g, Lecture using PPT	Internal Test 2, Quiz 2, Evaluation through Q & A Oral
5	Sailing to Byzantium	1	K4(An) K5 (E)	Lecture using PPT, Discussion	Internal Test 2, Quiz 2, Evaluation through Q & A Oral
6	W. H. Auden	1	KI (R) K2(U)	Introductory session, Brainstormin g, Lecture using PPT	Internal Test 2, Quiz 2, Evaluation through Q & A Oral
7	Elegy on the Death of W. B. Yeats	1	K4(An) K5 (E)	Lecture using PPT, Discussion	Internal Test 2, Quiz 2, Evaluation through Q & A Oral
8	Musee des Beaux Arts	1	K4(An) K5 (E)	Lecture using PPT, Discussion	Internal Test 2, Quiz 2, Evaluation through Q & A Oral
9	Dylan Thomas	1	KI (R) K2(U)	Introductory session, Brainstormin g, Lecture using PPT	Internal Test 2, Quiz 2, Evaluation through Q & A Oral
10	Do Not Go Gentle into That Good Night	1	K4(An) K5 (E)	Lecture using PPT, Discussion	Internal Test 2, Quiz 2, Evaluation through Q & A Oral
11	Poem in October	1	K4(An) K5 (E)	Lecture using PPT, Discussion	Internal Test 2, Quiz 2, Evaluation through Q & A Oral

12	Philip Larkin	1	KI (R) K2(U)	Introductory session, Brainstormin g, Lecture using PPT	Internal Test 2, Quiz 2, Evaluation through Q & A Oral
13	Whitsun Weddings	1	K4(An) K5 (E)	Lecture using PPT, Discussion	Internal Test 2, Quiz 2, Evaluation through Q & A Oral
14	Ted Huges	1	KI (R) K2(U)	Introductory session, Brainstormin g, Lecture using PPT	Internal Test 2, Quiz 2, Evaluation through Q & A Oral
15	Hawk Roosting	1	K4(An) K5 (E)	Lecture using PPT, Discussion	Internal Test 2, Quiz 2, Evaluation through Q & A Oral
16	Seamus Heaney	1	KI (R) K2(U)	Introductory session, Brainstormin g, Lecture using PPT	Internal Test 2, Quiz 2, Evaluation through Q & A Oral
17	Digging	1	K4(An) K5 (E)	Lecture using AV aid, Discussion	Internal Test 2, Quiz 2, Evaluation through Q & A Oral
18	Carol Ann Duffy	1	KI (R) K2(U)	Introductory session, Brainstormin g, Lecture using PPT	Internal Test 2, Quiz 2, Evaluation through Q & A Oral
19	Standing Female Nude	1	K4(An) K5 (E)	Lecture using AV aid, Discussion	Internal Test 2, Quiz 2, Seminar
20	Eavan Boland Achilles Woman	2	KI (R) K2(U) K4(An) K5 (E)	Introductory session, Brainstormin g, Lecture using AV aid, Discussion	Internal Test 2, Quiz 2, Evaluation through Q & A Oral

Course Focusing on Employability/ Entrepreneurship/ Skill Development: Employability Activities (Em/ En/SD): Literary Exhibits in the prescribed text. Course Focusing on Cross Cutting Issues (Professional Ethics/ Human Values/Environment Sustainability/ Gender Equity): Professional Ethics/ Human Values.

Activities related to Cross Cutting Issues: Role Play highlighting the human values or chart work on literary devices in the prescribed Texts.

Assignment: Literary Exhibition.

Seminar Topic: Grand Style in Milton's Paradise Lost.

Sample questions (minimum one question from each unit)

Part A

1. Name the four orders of Friars in England at the time of Chaucer.

2. In "A Valediction: Forbidding Mourning," separation between the lovers is compared to a

a) dying fire b) sunset fading c) gold expanding d) singing lark

3.Say True or false: The serpent in Paradise Lost book IX is a literal serpent, not a metaphor for Satan.

4. The plowman homeward plods his weary way. The figure of speech in the above line is ..

(a) Oxymoron (b) Antithesis (c) Transferred Epithet (d) Pun

5. Who is the speaker in the poem "The Soldier"?

(A) The speaker is a soldier who is about to die in battle.

(B) The speaker is a soldier who is reflecting on his life and his death.

(C) The speaker is a soldier who is trying to come to terms with his own mortality.

(D) The speaker is a soldier who is trying to find meaning in his own death.

Part B

1. Chaucer's comments on the characters from the religious society are true to life - Elucidate.

2. Explain how Spenser uses imagery of nature in Epithalamion to celebrate the union of Elizabeth Boyle and Edmund Spenser.

3. What are some of the ways that you can apply the message in "To His Coy Mistress" to your own life?

4. What are some of the themes that are explored in Elegy Written in a Country Churchyard?

5. Discuss the poem "Hawk Roosting" as a comment on human society.

Part C

1. Evaluate the level of detail and subtlety with which Chaucer characterizes the Nun in the Prologue. What does this reveal about Chaucer's writing style and his approach to character development?

2. In Spenser's *Epithalamion*, the speaker uses a variety of poetic devices to celebrate the union of Elizabeth Boyle and Edmund Spenser. Write an essay in which you analyze the use of these poetic devices and discuss their effect on the poem.

3. Satan's soliloquy in Milton's *Paradise Lost* Book IX contributes to the understanding of the conflict between good and evil - Elucidate.

4. Discuss Absalom and Achitophel by John Dryden as a political allegory.

5. Analyse Auden's "In Memory of W.B.Yeats" as an elegy.

Head of the Department Ms. M. Maria Helen Janoba

Suble Gampets

Course Instructor Dr. Subha Ganapathy

SEMESTER I

CORE COURSE II: ENGLISH DRAMA

Department	:	English SF
Class	:	I M.A English
Title of the Course	:	Core II: English Drama
Semester	:	I
Course Code	:	EP231CC2

Course Code	L	Т	Р	S	Credits	Inst. Hours	Total		Marks	
							Hours	CIA	External	Total
EP231CC2	6	1	-	-	5	7	105	25	75	100

Learning Objectives:

- 1. To understand the different stages of British Drama and its evolution in the context of theatre can be understood by the students.
- 2. To evaluate the different forms of drama from the historical background could be learnt.

Course Outcomes

1	appraise various aspects of drama and theatre	K5
2	identify drama and performance as a cultural process and an artistic discourse	K4
3	evaluate plot structure, characterization and dialogue	K5
4	interpret drama texts as aesthetic records of their times viz., Elizabethan, Restoration, Victorian and Early Modern ages	K4
5	examine the features of Modern and Postmodern British Drama	K4

K4 - Analyze; K5 - Evaluate

Teaching plan

Total Contact hours: 105 (Including lectures, assignments and test)

TI:4	Madula	Torio	Teaching	Cognitive	Dadagagay	Assessment/
Unit	Module	Торіс	Hours	level	Pedagogy	Evaluation
Ι			11		1	<u> </u>
	1.	Miracle and Morality	7	K5(E)	Lecture using	Evaluation
		Plays: Everyman			Chalk and talk,	through short
					Introductory	test, Short
					session, Group	essays, Concept
					Discussion,	explanations,
					Peer tutoring,	Short summary
					Demonstration,	or overview,
					PPT, Review	Slip Test,
						Simple
						definitions
	2.	The Senecan and	7	K1(R)	Lecture using	Evaluation
		Revenge Tragedy			Chalk and talk,	through short
					Group	test, Short
					Discussion,	essays, Concept
					Demonstration,	explanations,
					PPT, Review	Short summary
						or overview,
						Simple
						definitions
	3.	Thomas Kyd: The	7	K5(E)	Lecture using	Evaluation
		Spanish Tragedy			Chalk and talk,	through short
					PPT, Review	test, Short
						essays, Concept
						explanations
II					1	
	1.	Theatres, Theatre	5	K1(R)	Lecture using	Evaluation
		groups, Audience,			Chalk and talk	through short
		Actors and			,Introductory	test, MCQ,

	Conventions			session, Group	True/False,
				Discussion,	Short essays,
				Mind mapping,	Concept
				Peer tutoring,	explanations,
				Lecture using	Short summary
				videos,	or overview,
				Demonstration,	Simple
				PPT, Review	definitions,
					MCQ, Recall
					steps, Concept
					definitions,
3.	Tragedy and Comedy	5	K1(R)	Lecture using	Evaluation
				Chalk and talk	through short
				,Introductory	test, MCQ,
				session, Group	True/False,
				Discussion,	Short essays,
				Lecture using	Concept
				videos,	explanations,
				Demonstration,	Short summary
				PPT, Review	or overview,
					Simple
					definitions,
					MCQ, Open
					Book Test
4.	Christopher	6	K5(E)	Lecture using	Evaluation
	Marlowe: The Jew of			Chalk and talk	through short
	Malta			,Introductory	test, MCQ,
				session, Group	True/False,
				Discussion,	Short essays,
				Lecture using	Concept
				videos,	explanations,
				Demonstration,	Short summary
				PPT, Review	or overview,

						Simple
						definitions,
						MCQ, Open
						Book Test
	5.	Ben Jonson: Volpone	5	K5(E)	Lecture using	Evaluation
					Chalk and talk	through short
					,Introductory	test, MCQ,
					session, Group	True/False,
					Discussion,	Short essays,
					PPT, Review	Concept
						explanations,
						Short summary
						or overview,
						Simple
						definitions,
						MCQ, Slip
						Test, Open
						Book Test
III		I				•
	1.	John Webster: The	11	K5(E)	Lecture using	Evaluation
		White Devil			Chalk and talk,	through short
					Group	test, Short
					Discussion,	essays, Short
					Peer tutoring,	summary or
					Demonstration,	overview, Open
					PPT, Review	Book Test
	2.	Thomas Middleton: A	10	K5(E)	Lecture using	Evaluation
		Game at Chess			Chalk and talk,	through short
					Group	test, MCQ,
					Discussion,	True/False,
					Peer tutoring,	Short essays,
					Demonstration,	Concept
					PPT, Review	explanations,
	•	•	•	•	÷	

						MCQ, Open
						Book Test
IV			1		•	
	1.	William Congreve:	11	K5(E)	Lecture using	Evaluation
		The Way of the			Chalk and talk,	through short
		World			Introductory	test, MCQ,
					session, Group	True/False,
					Discussion,	Short essays,
					Peer tutoring,	Concept
					Demonstration,	explanations,
					PPT, Review	Short summary
						or overview,
						Simple
						definitions,
						MCQ, Recall
						steps, Concept
						definitions,
						Suggest
						idea/concept
						with examples,
						Suggest
						formulae, Solve
						problems,
						Explain
	2.	J.M. Synge: The	10	K5(E)	Lecture using	Evaluation
		Playboy of the			Chalk and talk	through short
		Western World			,Introductory	test, MCQ,
					session, Group	True/False,
					Discussion,	Short essays,
					Mind mapping,	Concept
					Peer tutoring,	explanations,
					Lecture using	Short summary
					videos, Problem	or overview,

					solving,	Simple
					Demonstration,	definitions,
					PPT, Review	MCQ, Recall
						steps, Concept
						definitions,
						Suggest
						idea/concept
						with examples,
						Suggest
						formulae, Solve
						problems,
						Explain
V					1	
	1.	Bertolt Brecht:	10	K5(E)	Lecture using	Evaluation
		Mother Courage and			Chalk and talk	through short
		her Children			,Introductory	test, MCQ,
					session, Group	True/False,
					Discussion,	Short essays,
					Demonstration,	Concept
					PPT, Review	explanations,
						Short summary
						or overview,
						Slip Test
	2.	Samuel Beckett:	11	K5(E)	Lecture using	Evaluation
		Waiting for Godot			Chalk and talk	through short
		(Act I)			,Introductory	test, MCQ,
					session,	True/False,
					Lecture using	Short essays,
					videos, PPT	Short summary
						or overview,
						MCQ, Open
						Book Test, Slip
						test

Course Focussing on Employability/ Entrepreneurship/ Skill Development: Skill Development

Activities (Em/ En/SD): Dialogue Delivery, Literary Masquerade, Letter to the Authors

Course Focussing on Cross Cutting Issues (Professional Ethics/ Human Values/Environment Sustainability/ Gender Equity): Professional Ethics

Activities related to Cross Cutting Issues: Role Play, Group Discussion

Assignment: Exhibition (Theatres Audiences, Jacobean Drama Setting, Morality play)

Seminar Topic: Literary Performance (Spanish Tragedy, A Game at Chess, The White Devil)

Sample questions (minimum one question from each unit)

Part A

1. Where the author got the source for the play Everyman?(K1)

2. Who are the two types of audience in Elizabethan theatre? K1

3. When was A Game at Chess first staged? K1

4. A Game at Chess is an _____ drama(K2)

5. What does Waiting for Godot symbolize? K1

Part B

1. What is the main theme of Spanish Tragedy? (K2)

2. Elaborate on the character of Barabas. K5

3.Write in brief on the symbols and allegory used in A Game at Chess.K5

4. What purpose do the dumb shows serve in *The White Devil*? (K5)

5.Describe Stanley's descent into madness. K5

Part C

1. Elucidate the themes in Everyman (K5)

2.Explain about the themes in Volpone. K5

3.Elaborate on the themes in *The White Devil*. (K5)

4. What is the significance of the title The White Devil? (K6)

5.Elements of realism are markedly present within the play. How is realism used in *Waiting for Godot.* K5

Head of the Department

Sk

Shindya

Course Instructors

Ms. M. Maria Helen Janoba

Ms. M. Maria Helen Janoba & Dr.R.Eveline Shindya

		Teaching Plan
Department	:	English SF
Class	:	I MA
Title of the Course	:	Core III: English Fiction
Semester	:	Ι
Course Code	:	EP231CC3

Course Code	т	т	р	G	Credita	Inst Hound	Total		Marks	
Course Code	L	I	r	ð	Creans	Inst. Hours	Hours	CIA	External	Total
EP231CC3	5	1	-	-	4	6	90	25	75	100

Learning Objectives:

- 1. To familiarize the students with the origin and development of the British Novel up to he 20th Century.
- 2. To understand the social background based on the prescribed novels.

Course Outcomes

СО	On the successful completion of the course, student will be able to:	PSO addressed	Cognitive Level
CO-1	gain wide knowledge about different types of novels.	PSO-1	K2 (U)
CO-2	learn the art of writing different forms of novel with the learned notions.	PSO-2	K2 (U) (K3)
CO-3	explore Social, domestic and gothic novels.	PSO-2	K4 (An)
CO-4	assess philosophical and political underpinnings of Victorian morality, anti-Victorian realities and the aesthetic Movement	PSO-6	K5 (E)
CO-5	infer themes relating to the turn of the century events through close reading of text.	PSO-3	K4 (An)

K1 - Remember; K2 - Understand; K3 - Apply; K4 - Analyze; K5 - Evaluate; K6- Create

Teaching plan

Total Contact hours: 75 (Including lectures, assignments and tests)

I 1 1 2	1.			level		Assessment/ Evaluation	
	1.						
2		Introduction to Novel, Allegorical Novel and Satire:	1	K2(U)	Lecture using Chalk and talk ,Introductory session	Short summary or overview	
		Novel as a Form, Concepts and Theories about the Novel, Poetics of the Novel – definition, types, narrative modes: omniscient narration.	3	K2(U)	Peer tutoring, Review	short test, Short essays, Concept explanations	
3 II	3.	John Bunyan: The Pilgrim's Progress	6	К5(Е)	Lecture using PPT	short test, Short essays, Concept explanations, Short summary or overview, Mind Mapping	
5		The New World Novel: Daniel Defoe: Robinson Crusoe	8	K5(E)	Lecture using chalk and talk & PPT	Slip Test, Short essays, Concept explanations, Short summary or overview, MCQ's	
6	5.	Laurence Stern: Tristram Shandy	8	K(4)	Lecture using PPT	short test, Short essays, Concept explanations, Short summary or overview, Simple definitions	
III							
7		Middle Class Novel of Manners: Jane Austen: Emma	8	K(4)	Lecture using demonstrative PPT	Simple definitions, MCQ, Recall steps, Concept definitions	
8	3.	Emile Bronte: Wuthering Heights	6	K4 (An)	Lecture using chalk and talk & PPT and Peer Tutoring	MCQ, Recall steps, concept explanation	
IV		Women's Issues:	8	K4(An)	Lecture using	Problem-	

	Charlotte Bronte: Jane Eyre Thomas Hardy: Tess of	6	K5(E)	chalk and talk & PPT and Peer Tutoring Lecture using	solving questions, Differentiate between various ideas Longer essay/
	the D'Urberville			chalk and talk & PPT and Peer Tutoring	Evaluation essay, Critique or justify with pros and cons
V	Liberal Humanism, Individual Environment and Class Issues	2	K(2)	Lecture using chalk and talk & PPT and Peer Tutoring	Check knowledge in specific or offbeat situations, Discussion, Debating or Presentations
	D. H. Lawrence: The Rainbow	6	К(4)	Lecture using chalk and talk & PPT and Peer Tutoring	short test, Seminar
	James Joyce: Portrait of the Artist as a Young Man	6	K(4)	Lecture using chalk and talk & PPT and Peer Tutoring	Concept explanation, Seminar

Course Focussing on Employability/ Entrepreneurship/ Skill Development : Skill Development

Activities (Em/ En/SD): Role Play, Essay Writing,

Course Focussing on Cross Cutting Issues (Professional Ethics/ Human Values/Environment Sustainability/ Gender Equity): Professional Ethics

Activities related to Cross Cutting Issues: Role Plays, Group Discussions, Mind Mapping

Assignment: Mind Mapping, Short Essay Writing,

Seminar Topic: Middle Class Novel of Manners (Jane Austen- Emma, Emile Bronte Wuthering Heights

Sample questions (minimum one question from each unit)

Part A

- 1. Who is the first person to accompany Christian on his pilgrimage? (K1)
- 2. To what does Crusoe attribute his good fortune in landing on the island? (K2)

- 3. What is the name of the estate where Emma and her father live? (K1)
- 4. Angel and Tess first see each other at _____ (K1)
- 5. Where is Lydia from? (K1)

Part B

- 1. Comment on the symbolic significance of Obstinate and Pliable in The Pilgrim's Progress. (K4)
- 2. How does Crusoe feel about his fate when the pirates take him as a slave? (K4)
- 3. Emma a feminist novel –Elucidate. (K5)
- 4. Discuss the role of landscape in the novel *Tess of D'Urbervilles*. (K5)
- 5. Justify the significance of the title *The Rainbow* (K6)

Part C

- 1. How do the female characters in the *Pilgrims Progress* support or refute official Christian teaching about female status? (k3)
- 2. Write note on Crusoe's attitude to women in the later part of the novel. (K4)
- 3. Give an analysis of Jane Austen's Emma in the feministic point of view. (K5)
- 4. Discuss the character of Tess. To what extent is she a helpless victim? (K2)
- 5. Consider the relationships between men and women in the novel *The Rainbow* by D. H Lawrence. How does their sexuality affect it? (K5)

Rebert

Head of the Department

Ms. M. Maria Helen Janoba

Ms. J Maria Prabina Sackaria

Course Instructor

SEMESTER I

ELECTIVE COURSE I: C) HUMAN RIGHTS AND LITERATURE

Department	:	English SF
Class	:	I M.A English
Title of the Course	:	Elective Course I: C) Human Rights And Literature
Semester	:	Ι
Course Code	:	EP231EC3

Course Code	L	Т	Р	S	Credits	Inst. Hours	Total		Marks	
							Hours	CIA	External	Total
EP231EC3	4	1	-	-	3	5	75	25	75	100

Learning Objectives:

1. To enable the students, understand how literatures of the world engage with the issues of human rights across the globe.

2. To help the students gain insight into fictionalized accounts of violation and fight for human rights

1.	understand how literatures of the world engage with the issues of human rights across the globe.	K2
2.	identify the challenges of contemporary significance through the readings on the history and ethos of human rights.	K2
3.	analyse how the knowledge of human rights structure our ways of thinking, refining the perspectives of ourselves and others.	K4
4.	evaluate the discourses on human rights representation from a variety of angles.	К5
5.	develop insights into a variety of imaginative perspectives on human rights issues	K4

Course Outcomes

				ing plan		
		Contact hours: '		-	_	-
Unit	Module	Торіс	Teaching	Cognitive	Pedagogy	Assessment/
			Hours	level		Evaluation
Ι						-
	1.	Lynn Hunt:	5	K5 (E)	Lecture using	Evaluation
		"Introduction"			Chalk and	through short
		Inventing			talk,	test, Concept
		Human Rights			Introductory	explanations,
		(15-34)			session,	Short summary
					Group	or overview,
					Discussion,	Slip Test
					PPT	
	2.	Martin Luther	5	K5 (E)	Lecture using	Evaluation
		King, Jr.:			Chalk and	through short
		Where do We			talk,	test, Short
		Go from			Introductory	essays, Concept
		Here?			session,	explanations
		Address			Group	-
		Delivered at			Discussion,	
		the 11th			PPT	
		Annual SCLC				
		Convention				
	3.	Edward Said:	5	K5 (E)	Lecture using	Evaluation
		Reflections on			Chalk and	through short
		Exile			talk,	test, Concept
		Linie			Introductory	explanations,
					session,	Short summary
					Group	or overview.
					Discussion,	51 5 v 61 v 16 w.
					PPT	
II					rr I	
II	1	Tanatan	2	$V_{5}(\mathbf{E})$	Teetrere .	Errohadia
	1.	Langston	3	K5 (E)	Lecture using	Evaluation
		Hughes: Let			Chalk and	through short
		America be			talk,	test, MCQ,

		America			Introductory	True/False,
		Again			session,	Short summary
		C			Group	or overview,
					Discussion,	MCQ, Slip
					Lecture using	Test, Open
					videos, PPT	Book Test
	2.	Warsan Shire:	2	K5 (E)	Lecture using	Evaluation
		Home			Chalk and	through short
					talk,	test, MCQ,
					Introductory	True/False,
					session,	Short summary
					Group	or overview,
					Discussion,	MCQ, Slip
					Lecture using	Test, Open
					videos, PPT	Book Test
					,	
	3.	V.I.S.	2	K5 (E)	Lecture using	Evaluation
		Jeyepalan:			Chalk and	through short
		The Song of			talk,	test, MCQ,
		the Defeated			Introductory	True/False,
					session,	Short summary
					Group	or overview,
					Discussion,	MCQ, Slip
					Lecture using	Test, Open
					videos, PPT	Book Test
	4.	Ashraf	2	K5 (E)	Lecture using	Evaluation
		Fayadh:			Chalk and	through short
		Cracks in the			talk,	test, MCQ,
		Skin			Introductory	True/False,
					session,	Short summary
					Group	or overview,
					Discussion,	MCQ, Slip
L	1			l		

					Lecture using	Test, Open
					videos, PPT	Book Test
					,	
	5.	Bertolt	3	K5 (E)	Lecture using	Evaluation
		Brecht: The			Chalk and	through short
		Burning of the			talk,	test, MCQ,
		Books			Introductory	True/False,
					session,	Short summary
					Group	or overview,
					Discussion,	MCQ, Slip
					Lecture using	Test, Open
					videos, PPT	Book Test
	6.	W. H. Auden:	3	K5 (E)	Lecture using	Evaluation
		Refugee			Chalk and	through short
		Blues			talk,	test, MCQ,
					Introductory	True/False,
					session,	Short summary
					Group	or overview,
					Discussion,	MCQ, Slip
					Lecture using	Test, Open
					videos, PPT	Book Test
III			I			
	1.	Anne Frank:	8	K5 (E)	Lecture using	Evaluation
		The Diary of			Chalk and	through short
		a Young Girl			talk,	test, MCQ,
					Introductory	True/False,
					session,	Short essays,
					Group	MCQ, Open
					Discussion,	Book Test
					Lecture using	
					videos, PPT,	
					Mind	
					mapping, Peer	

					taat a min a	
					tutoring,	
					Review	
	2.	Michael Herr:	7	K5 (E)	Lecture using	Evaluation
		Dispatches			Chalk and	through short
					talk,	test, MCQ,
					Introductory	True/False,
					session,	Short essays,
					Group	MCQ, Open
					Discussion,	Book test.
					Lecture using	
					videos, PPT,	
					Mind	
					mapping, Peer	
					tutoring	
IV						
	1.	Sharon Bala:	7	K5 (E)	Lecture using	Evaluation
		The Boat			Chalk and	through short
		People			talk,	test, MCQ,
		Markus			Introductory	True/False,
					session,	Short summary
					Lecture using	or overview.
					videos, PPT,	
					Mind	
					mapping, Peer	
					tutoring	
					tutoring	
	2.	Zusak: The	8	K5 (E)	Lecture using	Evaluation
		Book Thief			Chalk and	through short
					talk,	test, MCQ
					Introductory	
					5	

						[]
					session,	
					Lecture using	
					videos, PPT,	
					Mind	
					mapping, Peer	
					tutoring	
V						
	1.	Arthur Miller:	7	K5 (E)	Lecture using	Evaluation
		The Crucibles			Chalk and	through short
		Asif			talk,	test, MCQ,
					Introductory	True/False,
					session,	Short essays
					Group	
					Discussion,	
					Lecture using	
					videos, PPT,	
					Mind	
					mapping, Peer	
					tutoring	
	2.	Currimbhoy:	8	K5 (E)	Lecture using	Evaluation
		The Refugee			Chalk and	through short
					talk,	test, MCQ,
					Introductory	True/False,
					session,	Short essays,
					Group	Simple
					Discussion,	definitions,
					Lecture using	MCQ.
					videos, PPT,	
					Mind	
					mapping, Peer	
					tutoring	

Course Focussing on Employability/ Entrepreneurship/ Skill Development: Skill Development

Activities (Em/ En/SD): Documentary Screening and Discussion, Debate

Course Focussing on Cross Cutting Issues (Professional Ethics/ Human Values/Environment Sustainability/ Gender Equity): Professional Ethics

Activities related to Cross Cutting Issues: Group Discussion

Assignment: Creative Interpretation (Let America be America Again, Home, The Book Thief)

Seminar Topic: Dramatic Reading and Analysis (Passages from *The Diary of a Young Girl, Where do We Go from Here? Address Delivered at the 11th Annual SCLC Convention*)

Sample questions (minimum one question from each unit)

PART A

- 1. What is the central theme of the poem "Let America Be America Again"? (K1)
- 2. Where and when does the story of "The Diary of a Young Girl" take place? (K1)
- 3. How does Liesel acquire the nickname "The Book Thief"? (K1)
- 4. How does the speaker in the poem define the concept of "home"? What elements contribute to this definition? (K2)
- 5. Who delivered the speech "Where Do We Go from Here?" and where was it delivered? (K1)

PART B

- 1. How does Hughes portray the disparity between the American Dream and reality in the poem? (K2)
- How does Anne's perception of the war and her own situation change throughout the diary? (K2)
- 3. Compare and contrast Liesel's relationships with Hans Hubermann and Rosa Hubermann. How do they each contribute to her upbringing? (K2)

- 4. What imagery does Warsan Shire use to depict the experience of displacement and longing in the poem "Home"? (K2)
- 5. What were the major challenges and issues Martin Luther King, Jr. addressed in his speech?

PART C

- 1. How does Hughes challenge traditional notions of patriotism and freedom in the poem? (K4)
- 2. Analyze Anne Frank's portrayal of the emotional and psychological challenges faced by individuals in hiding during the Holocaust. How does she depict fear, hope, and resilience? (K5)
- 3. Analyze the impact of World War II on Liesel's identity and worldview. How does her understanding of humanity evolve throughout the story? (K5)
- Evaluate the effectiveness of Warsan Shire's portrayal of displacement in "Home." How successfully does the poem convey the psychological and emotional impact of being uprooted from one's homeland? (K5)
- Evaluate the effectiveness of Martin Luther King, Jr.'s proposals and strategies presented in "Where Do We Go from Here?" in achieving long-term social change. (K5)

Head of the Department Ms. M. Maria Helen Janoba

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Course Instructors Ms. Jaishmitha Riny R

Department	:	English (SF)
Class	:	I M.A English
Title of the Course	:	Elective II: b) Science Fiction, Fantasy and Detective Literature
Semester	:	Ι
Course Code	:	EP231EC5

Course Code	L	Τ	Р	S	Credits	Inst.	Total	Marks		
						Hours	Hours	CIA External Total		
EP231EC5	4	1	-	-	3	5	75	25	75	100

Learning Objectives:

1. To familiarize with different forms of Science Fiction, Fantasy and Detective Fiction.

2. To involve the students to a close reading of the important representative texts.

Course Outcomes

On th	e successful completion of the course the students will be able to:	
1.	identify different forms of Science Fiction, Fantasy and Detective Fiction	K2
2.	fix the representative detective fiction in the larger context of social changes	K2
3.	recognize the basic structure and themes of Science Fiction	K5
4.	appreciate the fundamental features and explore the major themes in fantasy fiction	K4
5.	gain an understanding of contemporary science fiction and comprehend its Connections to the human beings in this changing world.	K6

K1 - Remember; K2 - Understand; K3 - Apply; K4 - Analyze; K5 - Evaluate; K6 - Create

Teaching Plan

Total Contact hours: 75 (Including lectures, assignments and test)

Unit	Module	Торіс	Teaching Hours	Cognitive Level	Pedagogy	Assessment/ Evaluation
Ι						

	1		2		T (1 (XX <i>T</i> '44
	1.	Science Fiction and	2		Introductory	Written
		Fantasy		K2(U)	Session,	Essays, Class
					Lecture	Discussion,
					using chalk	Peer Review,
					and talk,	Short
					PPT,	answers
			2		Review	Test.
	2.	Cyberpunk	2	K2(U)	Lecture	Concept
					using chalk	explanation,
					and talk,	Evaluation
					Group	through
					Discussion,	Surprise test,
					PPT,	Short
					Review	summary and
	-					overview
	3.	Alien Invasion	2	K2(U)	Introductory	Written
					Session,	Essays, Class
					Lecture	Discussion,
					using chalk	Peer Review,
					and talk,	Short
					PPT,	answers
					Review	Test.
	4.	Apocalyptic and	2	K2(U)	Lecture	Concept
		Post-apocalyptic Fiction			using chalk	explanation,
					and talk,	Evaluation
					Group	through
					Discussion,	Surprise test,
					PPT,	Short
					Review	summary and
						overview
	5.	Gothic Science Fiction	2	K2(U)	Introductory	Written
					Session,	Essays, Class
					Lecture	Discussion,
					using chalk	Peer Review,
					and talk,	Short
					PPT,	answers
	-				Review	Test.
	6.	Crime Fiction	2	K2(U)	Lecture	Concept
					using talk	explanation,
					and chalk,	Evaluation
					Introductory	through
					Session,	Surprise test,
					PPT, Review	Short
						summary and
	7	Marata - NT - 1	2		Trading days if	overview
	7.	Mystery Novels	2	K2(U)	Introductory	Written
					Session,	Essays, Class
					Lecture	Discussion,
					using chalk	Peer Review,
					and talk,	Short
					PPT,	answers
	0	Thu:11	2	KO(II)	Review	Test
	8.	Thriller	2	K2(U)	Lecture	Concept
					using talk	explanation,
					and chalk,	

					Introductory Session, PPT, Review	Evaluation through Surprise test, Short summary and overview
	1.	J K Rowling: The Cuckoo's Calling: Cormoran Strike (Book 1)	6	K2(U)	Lecture using talk and chalk, Introductory Session, Mind Mapping Lecture using videos, PPT, Review	Evaluation through short test, MCQ questions, Short Summary or Overview
	2.	Agatha Christie: Murder on the Orient Express	5	K2(U)	Lecture using talk and chalk, Introductory Session, Mind Mapping Lecture using videos, PPT, Review	Evaluation through short test, MCQ questions, Short Summary or Overview
	1.	Wilkie Collins: The Woman in White	4	K5(E)	Lecture using talk and chalk, Introductory Session, Mind Mapping Lecture using videos, PPT, Review	Evaluation through short test, MCQ questions, Short Summary or Overview
	2.	H G Wells: The Time Machine	5	K5(E)	Lecture using talk and chalk, Introductory Session, Mind Mapping Lecture using videos, PPT, Review	Evaluation through short test, MCQ questions, Short Summary or Overview
IV						
	1.	J R R Tolkien: The Lord of the Rings	5	K4(An)	Lecture using talk and chalk, Introductory Session, Mind	Evaluation through short test, MCQ questions, Short

	2.	Gabriel Garcia Marquez: One Hundred Years of Solitude	5	K4(An)	Mapping Lecture using videos, PPT, Review Lecture using talk and chalk, Introductory Session, Mind Mapping Lecture using videos,	Summary or Overview Evaluation through short test, MCQ questions, Short Summary or Overview
V					PPT, Review	
	1,	Edgar Alan Poe: The Murders in the Rue Morgues	4	K4(An)	Lecture using talk and chalk, Introductory Session, Mind Mapping Lecture using videos, PPT, Review	Evaluation through short test, MCQ questions, Short Summary or Overview
	2.	E M Forster: The Machine Stops	4	K4(An)	Lecture using talk and chalk, Introductory Session, Mind Mapping Lecture using videos, PPT, Review	Evaluation through short test, MCQ questions, Short Summary or Overview
	3.	Isaac Asimov: The Last Question	4	K4(An)	Lecture using talk and chalk, Introductory Session, Mind Mapping Lecture using videos, PPT, Review	Evaluation through short test, MCQ questions, Short Summary or Overview

Course Focussing on Employability/ Entrepreneurship/ Skill Development:

Activities (Em/ En/SD):

Employability: Role play

Skill Development: Album creation on the prescribed work.

Course Focussing on Cross Cutting Issues (Professional Ethics/ Human

Values/Environment Sustainability/ Gender Equity): Professional Ethics

Activities related to Cross Cutting Issues:

Assignment: Critically analyse questions from each unit.

Seminar Topic : One Hundred years of Solitude – Gabriel Garcia Marquez

Sample questions:

Part A:

1. Which author is credited with creating the science fiction genre? (K2)

a) H.G. Wells b) Jules Verne c) Isaac Asimov d) Mary Shelley

2. What is the name of Cormoran Strike's assistant? (K4)

a) Robin Ellacott b) John Bristow c) Matthew Cunliffe d) Alison Crowe

3. How does Hercule Poirot solve the case? (K5)

a) By gathering physical evidence b) By interviewing suspects

- c) By using his "little grey cells" d) By chance
- 4. Who is the woman in white? (K6)

a) Anne Catherick b) Laura Fairlie c) Marian Halcombe d) Mrs. Clements

5. What are the two species that the Time Traveler encounters in the future? (K2)

a) Humans and Morlocks b) Eloi and Morlocks

c) Humans and Eloi d) Morlocks and Weena

Part B:

1, What is the name of the famous supermodel whose death under mysterious circumstances sets off the investigation in "The Cuckoo's Calling"? (K6)

2. What is the name of the famous detective who investigates the murder on the Orient Express, and what is his nationality? (K4)

3. What is the name of the young drawing master who becomes embroiled in the mysterious circumstances surrounding Anne Catherick and Laura Fairlie? (K4)

4. What is the name of the future era in which the Time Traveller finds himself, where humanity has evolved into two separate species: the Eloi and the Morlocks? (K4)

5. What is the name of the dark lord who created the One Ring and seeks to reclaim it to conquer Middleearth? (K6)

Part C:

1. Analyze the character of Cormoran Strike, the private investigator in "The Cuckoo's Calling". (K6)

2. Discuss the theme of justice in "Murder on the Orient Express". How does Hercule Poirot's approach to justice differ from the legal system's approach? (K5)

3. Analyze the theme of identity in "The Woman in White". How do the novel's use of multiple narratives, disguises, and mistaken identities reflect the social and cultural anxieties of Victorian England? (K6)
4. Discuss the social commentary in "The Time Machine" on the class divisions of Victorian England. . (K4)
5. Analyze the theme of friendship and loyalty in "The Lord of the Rings"...(K4)

Monika -

Head of the Department Ms. M. Maria Helen Janoba

Course Instructor Ms. J.S Monika

Teaching Plan

Department:	English
Class:	II MA English
Title of the Course:	CORE COURSE VII: LITERARY THEORY
Semester:	III
Course Code:	EP233CC1

Course Code	L	Т	Р	S	Credits	Inst. Hours	Total Hours		Marks	
							Hours	CIA	External	Total
EP233CC1	5	1	-	-	5	6	90	25	75	100

Pre-requisite: Foundational understanding of Literature and critical thinking

Learning Objectives

- 1. To introduce students to literary theories and criticism
- 2. To critically and logically think about literary theories Course Outcomes

СО	Upon completion of this course, the students will be able to:	Cognitive level
1.	understand the evolution of literary criticism	K2
2.	apply literary theories to diverse literary texts	К3
3.	identify and interpret underlying theoretical frameworks within literary works	K1 & K4
4.	critically evaluate the strengths and limitations of different literary theories	K5
5.	articulate well-reasoned arguments regarding the relevance and significance of various literary theories	K6

K1 – Remember; K2 – Understand; K3 – Apply; K4 – Analyse; K5 – Evaluate; K6 - Create

Teaching plan

Total Contact hours: 90 (Including lectures, assignments and tests)

Unit	Module	Торіс	Teaching Hours	Cognitive level	Pedagogy	Assessment/ Evaluation
Ι	1	New Criticism	3	K1, K2	Blended	Album
					learning	Preparation
	2	Moral Formalism	3	K1, K2	Inquiry	Open book
					based	test
					approach	

3	Russian Formalism	6	K1, K2	Flipped	Multiple
	and Bakhtin School			Classroom	choice
					questions
					using Slido
4	Reader oriented	3	K1, K2	Lecture	Oral
	Theories			Method	Presentation
5	Structuralist Theories	3	K1, K2	Video Making	Online Quiz
	3 4 5	4 Reader oriented Theories	and Bakhtin School 4 Reader oriented Theories	and Bakhtin SchoolK1, K24Reader oriented Theories3	and Bakhtin SchoolClassroom4Reader oriented Theories3K1, K2Lecture Method

Unit	Module	Торіс	Teaching Hours	Cognitive level	Pedagogy	Assessment/ Evaluation
II	1	Marxist Theories	6	K2, K3	Lecture Method	Preparation of question bank
	2	Poststructuralist Theories	6	K2, K3	Integrative Learning	Seminar presentation
	3	Postmodernist Theories	6	K2, K3	Inquiry- based approach	Open book test

Unit	Module	Торіс	Teaching Hours	Cognitive level	Pedagogy	Assessment/ Evaluation
III	1	Jacques Lacan – The	6	K1, K4	Lecture	Online
		Insistence of the			Method	assignment
		Letter in the				
		Unconscious				
	2	Jacques Derrida –	6	K1, K4	Integrative	Oral
		Structure, Sign and			Teaching	presentation
		Play in the Discourse				
		of the Human				
		Sciences				
	3	Mikhail Bakhtin –	6	K1, K4	Lecture	Oral test
		From the Prehistory			Method	
		of Novelistic				
		Discourse				

Unit Module	Topic Teaching Hours	Cognitive level	Pedagogy	Assessment/ Evaluation
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IV	1	Jean Baudrrillard – Simulacra and Simulations	6	K2, K3	Blended learning	Oral test
	2	Roland Barthes – The Death of the Author	6	K2, K3	Cooperative learning	Slip test
	3	Michel Foucault – What is an Author?	6	K2, K3	Blended learning	Exhibition

Unit	Module	Торіс	Teaching Hours	Cognitive level	Pedagogy	Assessment/ Evaluation
V	1	Stephen Greenblatt – The Circulation of Social Energy	9	K5	Lecture Method	Preparation of question bank
	2	Peter Stockwell – Introduction to Cognitive Poetics: An Introduction	9	K5	Integrative teaching	Surprise test

Course Focusing on Employability/ Entrepreneurship/ Skill Development: Employability

Activities (Em/ En/SD): Exhibition, Album preparation, Oral Presentation

Course Focusing on Cross Cutting Issues (Professional Ethics/ Human Values/Environment Sustainability/ Gender Equity): Professional Ethics, Gender Equity, Environment sustainability

Activities related to Cross Cutting Issues: Oral test & Seminar presentation

Assignment: Exhibition, Role Play, Album preparation

Sample questions (minimum one question from each unit)

Part A

- 1. What is New Criticism?
- 2. Who denied the theory of natural harmony?
- 3. What does the term 'epistēmē' mean?
- 4. Who is considered as the 'modern scriptor'?
- 5. What is "Social Energy" according to Greenblat?

Part B

- 1. Write a short note on Reader oriented Theories.
- 2. Explain Postmodernist Theories.
- 3. What were Bhaktin's main views and treatment of language?
- 4. Explain Foucault's concept of agency and author function.
- 5. What is Cognitive Poetics? Explain the concept of body, mind and literature.

Part C

- 1. Explain the concept of Structuralist Theories.
- 2. Write in detail about Marxist Theories.
- 3. Highlight the idea of deconstruction in "Structure, Sign and Play in the Discourse of Human Sciences.
- 4. Comment on Roland Barthes "The Death of the Author".
- "Stephen Greenblatt's essay "The Circulation of Social Energy" questions the effectiveness of literary culture as social energy through his examinations of Shakespeare, the Renaissance literary canon, and theatrical representation." – Elucidate.

Suble Gampets

Head of the Department

M. Maria Helen Janoba

Course Instructor

Dr. Subha Ganapathy

Name of the Course	: Major Core – Caribbean Literature
Department	: English SF
Class	: II MA English
Semester	: III
Course Code	: EP233CC2

Course	L	Т	Р	Credits	Inst.	Total	Marks		
Code					Hours	Hours	CIA	External	Total
EP233CC2	5	1	-	5	6	90	25	75	100

Objectives:

- To analyse the representation of colonial legacies and postcolonial struggles in Caribbean Literature
- To trace the evolution of Caribbean literature over time and its influence on broader cultural and political movements.

Course Outcomes

On th	e successful completion of the course, the students will be able to:	
1	Explore the diversity of voices and perspective within Caribbean literary	K1 &
	traditions	K2
2	Apply critical analysis skills to deconstruct and interpret literary texts	K3
3	Analyse and interpret a variety of literary texts from the Caribbean literature	K4
4	Identify key themes, motifs, and stylistic features in Carribean literature	K5
5	Examine the role of language in Caribbean literature	K5

Teaching Plan

Unit	Module	Торіс	Teaching	Cognitive	Pedagogy	Assessment/
			Hours	Level		Evaluation
Ι	Prose					
	1	Elizabeth M.				
		DeLoughrey:			Lecture	
	2	Introduction	-		using Chalk	Oral test
	2	Julia Udofia: The	3	K2 (U)	and Talk, PPT, peer	using rapid fire method.
		History and	5	K2 (0)	tutoring and	me method.
		Shaping of			mind	
		Caribbean			mapping	
		Literature				
II	Poetry	I				
	1	Mervyn Morris:	2		Lecture	
		Judas			using e-	
	2	Kamau	2		content from	Slip test
		Brathwaite: Bread			external	Oral test
	3	Merle Collins:	2	K3 (Ap)	source, use	using rapid
		Quality Time		& K4	of Chalk	fire method. Open book
	4	John Agard: Flag	2	(An)	and Talk	test
	5	Edward Baugh:	2		and PPT	
		Country Dance				
III	Short St	ory				
	1	Olive Senior: The	3		Lecture	Oral test
		Country Cousin			using Chalk	using rapid
	2	Jamaica Kincaid :	3		and Talk	fire method, Analytical
		In the Night			and Group	essay
	3	Tiphanie Yanique:	3	K2(U) &	Work.	drafting.
		The Saving Work		K 4 (An)		
	4	Alexia Arthurs:	3	1		
		Shirley from a				
		Small Place				

Total Contact Hours: 75 (Including lectures, assignments and tests)

IV	Fiction					
	2	Erna Brodber: <i>The</i> <i>Rainmaker's</i> <i>Mistake</i> Kei Miller: <i>The</i> <i>Last Warner</i> <i>Woman</i>	10	K2(U) & K4(An)	Lecture method, PPT, Group Discussion, Peer Tutoring & Review	Oral test using rapid fire method. Slip Test
V	Drama	I	I			
	2	Derek Walcott: Dream on Monkey Mountain Ian MacDonald: The Hummingbird Tree	15	K2(U) & K4(An)	Lecture using Chalk and Talk role play, interaction & you tube video	Oral test using rapid fire method. True or False, MCQ, open book test, formative assessment

Course focussing on Employability/ Entrepreneurship/ Skill Development: Skill

Development

Activities (Em/ En/SD): Enactment of a Play from the Caribbean region.

Course Focusing on Cross Cutting Issues (Professional Ethics/ Human Values/Environment

Sustainability/ Gender Equity): Human Values

Activities related to Cross Cutting Issues: An exhibition on the history of Caribbean Literature and the writers from the land.

Assignment: Drafting an essay on "How can contemporary literary theories—such as feminist theory, and psychoanalytic criticism—be applied to the interpretation of novel or play or short stories, and what insights do these theories offer into understanding current cultural narratives and societal issues? Illustrate with examples.

Sample Questions

Part A

- 1. How did Judas betray Jesus?
 - A) By handing him over to the Romans
 - B) By revealing his hiding place
 - C) With a kiss
 - D) By denying him three times
- 2. How does Brathwaite connect bread to history?
 A) By referencing ancient recipes
 B) By discussing its role in colonialism
 C) By describing bread-making techniques
 D) By listing bread varieties
- 3. How is the night described in the story?A) Peaceful and sereneB) Mysterious and unsettlingC) Bright and cheerfulD) Cold and harsh
- 4. What aspect of Shirley's life is a major focus in the story?
 - A) Her educationB) Her music careerC) Her friendships

Part B

- 1. Analyse the theme of betrayal in Mervyn Morris' Judas.
- 2. Summarize the following line "It's just a piece of cloth that makes the guts of men grow bold" from the poem *Flag*.
- 3. Develop the themes of sustenance and survival in Bread.
- 4. Describe the writer's purpose in highlighting "quality time" in the poem *Quality Time*?
- 5. Summarize Erna Brobder's key decisions that led to the central conflict.

Part C

- 1. Analyze the ways in which Caribbean literature reflects the complexities of postcolonial identity. Compare how different authors handle similar themes related to colonial history, and assess the effectiveness of their approaches.
- 2. Describe the atmosphere of a night filled with a mix of ordinary and extraordinary events in the short story *In the Night*.

- 3. Analyze the effectiveness of Miller's portrayal of the Warner Woman in conveying themes of resistance and cultural preservation. How does Miller use narrative techniques, symbolism, or character development to enhance these themes?
- 4. Offer a reasoned critique of Brobder's decisions, considering if alternative actions might have led to a different outcome.
- 5. Critically evaluate Walcott's approach to setting in the play. Do you find his use of setting to be successful in achieving his thematic goals? Why or why not? Support your evaluation with textual evidence and scholarly perspectives.



Join Jebanala

Head of the Department

Ms. M. Maria Helen Janoba.

Course Instructor

Ms. Jebamalar. E & Ms. Jershitha

Department	:	English (SF)
Class	:	II M.A English
Title of the Course	:	Core Course IX: Research Methodology
Semester	:	III
Course Code	:	EP233CC3

Course Code	L	Т	Р	S	Credits	Inst.	Total		Marks	
						Hours	Hours	CIA	External	Total
EP233CC3	5	1	-	-	5	6	90	25	75	100

Learning Objectives:

- 1. To master the rudiments of research writings.
- 2. To help the students write quality research papers.

Course Outcomes

1.	understand the formal aspects of research	K1 &K2
2.	equip themselves in research methodology and ethics	К3
3.	analyze the ability to organize ideas in their scholarly research writing	K4
4.	select the research topic and formulate hypothesis	K4 & K5
5.	meticulously draft the work cited list	K6

K1 - Remember; K2 - Understand; K3 - Apply; K4 - Analyze; K5 - Evaluate; K6 - Create

Teaching Plan

Total Contact hours: 90 (Including lectures, assignments and test)

Unit	Module	Торіс	Teaching	Cognitive	Pedagogy	Assessment/
			Hours	Level		Evaluation
Ι						
	1.	The research paper as a	2	K1(R)	Lecture using	Evaluation
		form of exploration and			talk and chalk,	through short
		communication.			Introductory	test, Concept
					Session, PPT,	explanations
					Review	
	2.	Conducting Research	2	K2(U)	Group	Open book
					discussion, Peer	test, short
					Tutoring PPT,	summary,
					Review	MCQ.
	3.	Evaluating Sources	2	K2(U)	Lecture using	Summative
		-			talk and chalk,	examination,

					Intro du atomy	Crown
					Introductory Session, PPT,	Group Discussion,
					Review	Oral
					Keview	Presentation
	4.	Taking notes, Outlining,	2	K2(U)	Group	Open book
	7.	Writing Drafts	2	$\mathbf{K}_{2}(0)$	discussion, Peer	test, short
		Witting Draits			Tutoring PPT,	summary,
					Review	MCQ
	5.	Language and style	2	K2(U)	Lecture using	Evaluation
	5.	Lunguage and style	2	112(0)	talk and chalk,	through short
					Introductory	test, Concept
					Session, PPT,	explanations
					Review	· · · · · · ·
	6.	Plagiarism and Academic	2	K2(U)	Group	Summative
		Integrity		~ /	discussion, Peer	examination,
					Tutoring PPT,	Group
					Review	Discussion,
						Oral
						Presentation
	7.	Definition of Plagiarism,	2	K2(U)	Lecture using	Evaluation
		Consequences of			talk and chalk,	through short
		Plagiarism			Introductory	test, Concept
					Session, PPT,	explanations
					Review	
	8.	Unintentional Plagiarism,	2	K3(Ap)	Group	Open book
		Forms of Plagiarism			discussion, Peer	test, short
					Tutoring PPT,	summary,
	-				Review	MCQ
	9.	Bibliographic Notes,	2	K3(Ap)	Lecture using	Summative
		Content Notes			talk and chalk,	examination,
					Introductory	Group
					Session, PPT, Review	Discussion, Oral
					Keview	Presentation
	10.	Styling of Notes	2	K3(Ap)	Group	Open book
	10.	bryning of Hotes	2	no(np)	discussion, Peer	test, short
					Tutoring PPT,	summary,
					Review	MCQ
II		l l		1		
	1.	Margins, Text	2	K2(U)	Lecture using	Preparation of
		Formatting, Titles			talk and chalk,	Question bank
		_			Introductory	by the
					Session,	students,
					Lecture using	Surprise test,
					videos, PPT,	Peer Review
					Review	
	2.	Running Head and Page	3	K2(U)	Lecture using	Open book
		Numbers, Internal			talk and chalk,	test, short
		Headings and Sub			Introductory	summary,
		Headings			Session, PPT,	MCQ
	2		2		Review	E 1
	3.	Placement of the Works	2	K2(U)	Introductory	Evaluation
		Cited, Paper and Printing			Session, PPT,	through short
					Review	test, Concept
						explanations

	4.	and Illustrations, Proof Reading and Spell Checkers		K2(U)	Lecture using talk and chalk, Introductory Session, PPT, Review	Summative examination, Group Discussion, Oral Presentation
	5.	Lists, Capitalization of Terms	2	K2(U)	Lecture using talk and chalk, Introductory Session, PPT, Review	Evaluation through short test, Concept explanations
	6.	Punctuation and Styling of Titles	3	K3(Ap)	Lecture using talk and chalk, Introductory Session, PPT, Review	Open book test, short summary, MCQ
	7.	In-Quoting and Paraphrasing Sources	3	K3(Ap)	Lecture using talk and chalk, Introductory Session, PPT, Review	Summative examination, Group Discussion, Oral Presentation
III						
	1.	Author	2	K2(U)	Lecture using talk and chalk, Introductory Session, PPT, Review	Evaluation through short test, Concept explanations
	2.	Title of Source	2	K2(U)	Lecture using talk and chalk, Introductory Session, PPT, Review	Open book test, short summary, MCQ
	3.	Title of Container	2	K2(U)	Lecture using talk and chalk, Introductory Session, PPT, Review	Open book test, short summary, MCQ
	4.	Version, Number,	3	K2(U)	Lecture using talk and chalk, Introductory Session, PPT, Review	Evaluation through short test, Concept explanations
	5.	Location	2	K2(U)	Introductory Session, PPT, Review	Online assignment, Surprise test, Student Presentations
	6.	Publisher, Publication date	2	K2(U)	Lecture using talk and chalk, Introductory Session, PPT, Review	Evaluation through short test, Concept explanations

	_		-			
	7.	Ordering the List of Works Cited	3	K2(U)	Lecture using talk and chalk,	Open book test, short
		Works Cried			Introductory	summary,
					Session, PPT,	MCQ
					Review	mey
	8.	Alphabetizing ,Cross-	2	K3(Ap)	Lecture using	Open book
		Reference			talk and chalk,	test, short
					Introductory	summary,
					Session, PPT,	MCQ
					Review	
	9.	Annotated Bibliographies	2	K6	Context	Slip test,
					Based, Lecture	Assignments,
					method,	Brain
					Blended	Storming
					learning,	_
					Seminar	
	10.	In-Text Citations	3	K4(A)	Lecture using	Evaluation
					talk and chalk,	through short
					Introductory	test, Concept
					Session, PPT,	explanations
					Review	
IV	1				C	
	1.	Census and Sample	2	K2(U)	Context	Quiz,
		Survey			Based, Lecture	Homework,
					method,	Presentation.
					Blended	
					learning, Seminar	
	2.	Implications of a Sample	2	K2(U)	Lecture using	Evaluation
		Design		(-)	talk and chalk,	through short
		C			Introductory	test, Concept
					PPT, Review	explanations
	3.	Criteria of selecting a	2	K2(U)	Cooperative	Slip test,
		sampling procedure			Learning,	Assignments,
					Context based,	Brain
					Brain storming,	Storming.
					Seminar	
	4.	Steps in sampling design,	3	K2(U)	Lecture using	Online
		Characteristics of a Good			talk and chalk,	assignment,
		Sample Design,			Introductory	Surprise test,
					Session, PPT,	Student
	~		2		Review	Presentations
	5.	Different Types of	2	K2(U)	Lecture using	Evaluation
		Sample Designs			talk and chalk,	through short
					Introductory	test, Concept
					Session, PPT, Review	explanations
	6	How to Select a Random	2	K3(Ap)	Cooperative	Evaluation
	0	Sample?	4	is ((ip)	Learning,	through short
		Sumple.			Context based,	test, Concept
					Brain storming	explanations
	5.	Random Sample from an	4	K4(A)	Context based,	Open book
	2.	Infinite Universe,			Brain storming,	test, short
		Complex Random			Seminar.	summary,
		Sampling Designs				MCQ
,i						<u> </u>

V						
	1,	Methods of Data	2	K2(U)	Cooperative	Evaluation
		Collection, Collection of			Learning,	through short
		Primary Data			Context based,	test, Concept
					Brain storming,	explanations
					Seminar	
	2.	Observation	4	K2(U)	Context	Online
		Method, Interview			Based, Lecture	assignment,
		Method, Questionnaires,			method,	Surprise test,
		Schedules			Blended	Student
					learning,	Presentations
	-				Seminar	~ .
	3.	Difference between	2	K2(U)	Cooperative	Summative
		Questionnaires			Learning,	examination,
		and Schedules			Context based,	Group
					Brain storming,	Discussion,
					Seminar	Oral
					.	Presentation
	4.	Some Other Methods of	2	K3(Ap)	Lecture	Online
		Data Collection			method,	assignment,
					Blended	Surprise test,
					learning,	Student
				TT 4 (A)	Seminar	Presentations
	5.	Collection of	2	K4(A)	Cooperative	Summative
		Secondary Data			Learning,	examination,
					Context based,	Group
					Brain storming,	Discussion,
					Seminar	Oral
						Presentation

Course Focussing on Employablity/ Entrepreneurship/ Skill Development : Skill Development and Employability

Activities (Em/En/SD):

Employability - Research paper presentation by critically evaluating the research

methodology, employing the research tools, Group discussion

Skill Development – Analyzing and applying the methodology to Work Cited List.

Course Focussing on Cross Cutting Issues (Professional Ethics/ Human

Values/Environment Sustainability/ Gender Equity): Professional Ethics/ Human

Values/Environment Sustainability/ Gender Equity

Activities related to Cross Cutting Issues :

Assignment:

- 1. Analyzing research papers and present them in the class
- 2. Analyzing and applying the methodology to Work Cited List.

Seminar Topic:

- 1. Research and Writing.
- 2. Plagiarism and Academic Integrity.
- 3. Bibliographic Notes.
- 4. Styling of Notes.
- 5. Writing Drafts.

Sample questions (minimum one question from each unit)

Part A

1. What is the role of a literature review in research?

a) To summarize existing research on a topic

- b) To propose a new research question
- c) To collect data for a study
- d) To analyze data for a study
- 2. What is the primary purpose of research?
 - a) To prove a hypothesis
 - b) To collect data
 - c) To answer a question or solve a problem
 - d) To publish a paper

Part B

- 1. Explain research paper as a form of exploration and communication?
- 2. Elaborate on citing version and numbers in research?

Part C

Explain the key elements involved in formatting research articles?



Head of the Department Ms. M. Maria Helen Janoba

Monika

Course Instructor Ms. J.S. Monika

SEMESTER III

Department	:	English SF
Class	:	II M.A English
Title of the Course	:	Elective Course V: A) Bhakti Literature
Semester	:	III
Course Code	:	EP233EC1
ourse Code I T D	C	Credita Inst Hours Total Marks

Course Code	L	Т	P	S	Credits	Inst. Hours	Total	Marks		
							Hours	CIA	External	Total
EP233EC1	3	1	-	-	3	4	60	25	75	100

Pre-requisite: Students should have interest in learning bhakti literature.

Learning Objectives

- 1. To understand the concept of Bhakti and its significance in Indian spiritual and literary traditions.
- 2. To analyse major Bhakti poets and their texts from different parts of the country.

On the	On the successful completion of the course, students will be able to:				
1.	develop a deep understanding of the philosophical underpinnings of Bhakti literature, including concepts such as devotion (bhakti), surrender (prapatti), and divine love (prema).	K1 & K2			
2.	critically analyse Bhakti poets and their texts from various parts of the country.	K4			
3.	gain insights into the historical and cultural contexts in which Bhakti movements emerged and flourished, understanding their socio-political significance and impact on Indian society.	K2			
4.	appreciate the diversity within the Bhakti tradition, recognizing the regional variations, linguistic expressions, and philosophical nuances present in Bhakti literature across India.	K3 & K5			
5.	examine the contribution of women poets in the development of bhakti movement.	K5			

K1 - Remember; K2 - Understand; K3 – Apply; K4 – Analyse; K5 –

Evaluate

Teaching plan

Total Contact hours: 60 (Including lectures, assignments and test)

Unit	Module	Торіс	Teaching Hours	Cognitive level	Pedagogy	Assessment/ Evaluation
Ι	Introduct	ion to Bhakti Literature	10015			
	1.	Introduction to Bhakti	12	K1(R)	Lecture using	Evaluation
		Literature			Chalk and talk,	through short
		Introduction to Major			Introductory	test, Slip
		Bhakti saints			session, Group	Test, Simple
		Bhakti Movement			Discussion,	definitions
		and its Traditions			Peer tutoring,	
					Demonstration	
II	South Inc	lian Bhakti Traditions:				
	1	Nakkirar:	2	K4 (An)	Lecture using	Evaluation
		Tirumurukarruppatai (4-7)			Chalk and talk	through short
	2	Andal: Tiruppavai (9-17)	2		,Introductory	test, MCQ,
					session, Group	True/False,
	3	Appar (Tirunavukkaracar): The Garland of Limbs	2		Discussion,	Simple
					Mind mapping,	definitions,
	4	Mahadeviyakka: Like a	2		Demonstration	MCQ, Recall
		Silkworm Weaving			, PPT, Review	steps,
		I Have Maya for Mother-in	4			
		Law, But I Will Give this Wench				
III	North Ir	dian Bhakti Traditions :				
	1.	Kabir: Kabir Poems (106-	3	K1, K4	Lecture using	Evaluation
		115)	-	,	Chalk and talk,	through short
	2	Mirabai: A Cowherding girl,	3		Peer tutoring,	test, Open
		Clouds, Keep Up Your	5		Demonstration	Book Test
		Promise			, PPT, Review	200K 1000
	3	Ravidas: If	2		, ,,	
		You Are a Mountain				

	4	Tulsidas: Within This Body,	4			
		The Rainy Season,				
		Truth Lies within Sound				
		Celestial, Prayer				
IV	Gender	Role and Impact of Bhakti Lite	rature:			
	1.	The Role of Female Saints,	12	K2 (U),	Lecture using	Evaluation
		Bhakti and Social Critique,		K3(Ap)	Chalk and talk,	through short
		Cultural and Historical			Introductory	test, MCQ
		Context, Impact and			session,	
		Influence			Peer tutoring	
V	Literary	Analysis of Bhakti Poetry :			1	
	1.	Metaphors and imagery of	12	K4 (An)	Lecture using	Evaluation
		love, Devotional language			Chalk and talk,	through short
		and Style, Themes and			Introductory	test, MCQ,
		Literary Devices- (devotion,			session, Group	Exercise
		love, surrender to the divine,			Discussion,	questions.
		spiritual longing, and the			Demonstration	
		quest for union with the			, PPT, Review	
		divine) (metaphor, simile,				
		allegory, symbolism,				
		personification, imagery,				
		and repetition)				

Course Focusing on Employability/ Entrepreneurship/ Skill Development:

Employability, Skill Development

Activities (Em/ En/SD): Group Discussion, Class Test, Open Book Test

Course Focusing on Cross Cutting Issues (Professional Ethics/ Human Values/Environment Sustainability/ Gender Equity): Human Values, Environment Sustainability, Gender Equity

Activities related to Cross Cutting Issues: Album Preparation

Assignment: Study the contributions of female Bhakti poets like Mirabai and Akka Mahadevi. Discuss their poetic themes, personal struggles, and how their works addressed issues of gender and spirituality.

Sample questions

Part A

- 1. The term bhakti is derived from the Sanskrit root "bhaj", which means:
 - a. To worship
 - b. To love
 - c. To serve
 - d. To adore
- 2. In "Clouds", what does Mirabai compare Krishna's love to?
 - a. A raging fire
 - b. A gentle breeze
 - c. A monsoon cloud
 - d. A quiet stream
- 3. The Nayanars were the devotees of Lord:
 - a. Shiva
 - b. Vishnu
 - c. Brahma
 - d. Ganesha
- 4. What is the significance of the "Garland" metaphor in the poem?
 - a. It symbolizes the beauty of nature
 - b. It represents the cycle of life and death
 - c. It signifies the union of the devotee with the divine
 - d. It highlights the importance of rituals
- 5. Which theme in Bhakti literature reflects the rejection of caste distinctions?
 - a. Love and longing
 - b. Social hierarchy
 - c. Liberation through devotion
 - d. Universal equality

Part B

1. What is Bhakti literature, and what are its key characteristics?

2. Name few of the most influential Bhakti poets, and how are their work played their role in medieval India ?

3. Discuss the imagery and symbolism used in Thirumurukarrupatai to describe Lord Murugan's divine nature and worship by giving examples from prescribed text.

4. Discuss the themes of love, devotion, and surrender in Tiruppavai, highlighting Andal's emotions and longing for Krishna by giving suitable examples.

5. What impact did Mirabai's poetry have on the social and cultural status of women, and how did it contribute to their empowerment and voice in a patriarchal society?

Part C

Analyze the themes of devotion, spirituality, and the material world in Mahadeviyakka's poems, exploring how they reflect the Bhakti tradition and her personal spiritual journey.
 Analyze the symbolism, imagery, and metaphors used in Mirabai's poems "A Cow-Herding Girl", "Clouds", and "Keep Up Your Promise" to describe her devotion to Krishna, highlighting her emotions and spiritual aspirations.

Analyze Kabir's critique of external religious practices and his emphasis on inner spiritual growth, exploring how his poems reflect his unique spiritual perspective and teachings.
 Discuss the theme of love and devotion in Bhakti literature, using examples from specific poets or poems prescribed.

5. How do the metaphors and imagery employed in Bhakti literature serve as a means of expressing spiritual ideas and critiquing social ills, allowing the poets to communicate complex beliefs and concerns in a creative and impactful manner?

Head of the Department Ms. M. Maria Helen Janoba

Julle

Course Instructor Ms. Jershitha Queen

SEMESTER III SKILL ENHANCEMENT COURSE II: HEALTH, WELLNESS AND PSYCHOLOGY

Department	:	English Literature SF
Class	:	II MA
Title of the Course	:	Health, Wellness and Psychology
Semester	:	III
Course Code	:	EP233SE1

Course Code	L	Т	Р	S	Credits	Inst.	Total	Total Marks		
						Hours	Hours	CIA	Extern	Total
									al	
EP233SE1	2	1	-	-	2	3	45	25	75	100

Learning Objectives:

1. To understand the symptoms, risk factors, and treatment options for mental health conditions.

2. To evaluate the role of motivation, perception, and social influences in health-related

decision- making.

Course Outcomes

On the	On the successful completion of the course, students will be able to:						
1.	1. understand psychological principles to enhance personal and community health practices.						
2.	understand how psychological factors impact overall well-being.	K2					
3.	apply the concepts in real-life situations, emphasizing the practical integration of health, wellness, and psychology.	K3					
4.	analyze stress management strategies to enhance mental resilience.	K4					
5.	evaluate the importance of holistic well-being by recognizing and addressing the interconnectedness of physical and mental health.	К5					

K1 - Remember; K2 - Understand; K3 – Apply; K4 – Analyse; K5 – Evaluate

Teaching plan

Total Contact hours: 45 (Including lectures, assignments and test)

Unit I	Module Topic 1. Vedic Foundations of Ayurveda		Teaching Hours	Cognitive level	Pedagogy	Assessment/ Evaluation	
				5	K2(U)	Introductory session, Peer tutoring, Demonstration, Review	Evaluation through Discussion,
	2.		Rasas and their tion to Doshas.	4	K2(U)	Lecture talk, Group Discussion, PPT, Review	Short essays, Concept explanations, Simple definitions
	3.		rvedic View of the se of Diseases.	5	K3(Ap)	PPT, Review, Group Discussion, Demonstration	Evaluation through short test
II	1.	Sidd	in and History of ha mosis and Treatment	3	K4(An) K4(An)	Group Discussion, Mind mapping, Peer tutoring, Lecture using videos, Lecture using	Simple definitions, Recall steps, Concept definitions MCQ,
III			ddha: An Overview			Chalk and talk ,Introductory session,	True/False, Short essays, Concept explanations
	1.	regir	charya or daily nen for the ntenance of good	4	K2(U)	Lecture using Chalk and talk,	Evaluation through short

<u>г т</u>		1 1.1			G	
		health			Group	test, Short
					Discussion,	essays,
					Peer tutoring,	
					Demonstration,	
	2.	Ritucharya or seasonal	3	K2(U)	Lecture using	True/False,
		regimen.			Chalk and talk,	Short essays,
					Group	Concept
					Discussion,	explanations,
						MCQ, Open
						Book Test
IV			1			
	1.	Components of Mental	3	K1 (R)	Introductory	Evaluation
		Health: An Overview,			session,	through short
					Peer tutoring,	test, MCQ
					PPT	
	2.	Causes and	2	K3(Ap)	Lecture using	Evaluation
		Consequences of Mental			Chalk and talk,	through short
		Conflicts and Frustrations,			Introductory	tests, MCQ,
		Trustrations,			session,	Simple
					Review	definitions.
	3	Stress, Anxiety disorders	3	K4(An)	Lecture using	Evaluation
					Chalk and talk,	through short
					Introductory	test, MCQ,
					session,	Short essays,
					Lecture using	Slip test
					videos, PPT	
V			<u> </u>		I	
	1.	Personality: Nature and	4	K1 (R)	Lecture using	Evaluation
		Types of Personality			Chalk and talk,	through short
					Introductory	test, MCQ,
					session, Group	Exercise
					Discussion,	questions.
					Demonstration	-
	2.	Determinants of	5	K2(U)	Lecture using	Evaluation
		Personality: Heredity			Chalk and talk,	through short
		and Environment			chunk und tunk,	

	Introductory	tests, Exercise
	session,	questions.
	Lecture using	
	videos, , Group	
	Discussion,	
	Demonstration	

Course Focussing on Employability/ Entrepreneurship/ Skill Development: Skill Development

Activities (Em/ En/SD): Presentation, Peer Teaching.

Course Focussing on Cross Cutting Issues (Professional Ethics/ Human Values/Environment

Sustainability/ Gender Equity): Human Values, Environment Sustainability

Activities related to Cross Cutting Issues: Exhibition

Assignment: Concept mapping, Mindmap

Part A

1. What is the name of one of the most renowned traditional systems of medicine? (K1)

2. What is the basis of Ayurveda? (K1)

3. What is caused by an imbalance between the three doshas? (K2)

4. How many dhatus are there in Ayurveda? (K1)

5. What is the method used in Ayurvedic therapies for rejuvenation? (K2)

Part B

1. According to Ayurveda, what are the three "Doshas" that govern the body's physiological functions? **(K2)**

2. What is the name of the five cleansing processes used in Ayurvedic "PanchaKarma" therapy?

(K3)

3. What are the four Vedas, and which one is considered the primary source of Ayurvedic knowledge? **(K3)**

4. What are the key components of mental health, and how do they interact with each other? (**K4**)

5. Explain the causes and consequences of mental conflicts and frustrations, and discuss strategies for managing them. (**K5**)

Part C

1. Discuss the Role of the Vedas and Philosophical Systems in Shaping Ayurvedic Principles. (K5)

2. Explain the Tridosha Theory and its Importance in Maintaining Health according to Ayurveda.

(K4)

3. Explore the concept of resilience, self-esteem, social support, and spirituality in relation to mental health. Analyze how these factors contribute to a person's ability to cope with challenges and thrive. **(K4)**

4. Examine the causes and consequences of mental conflicts and frustrations, drawing on both internal and external factors. How do these factors interact to influence an individual's emotional, cognitive, and behavioral responses? **(K3)**

5. Compare and contrast insomnia, depression, stress, and anxiety disorders, highlighting their unique characteristics, symptoms, and potential consequences. **(K3)**

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